

## Laboratory Safety Electrical Hazards

In the laboratory, workers may be exposed to electrical hazards including electric shock, arc blasts, electrocutions, fires and explosions. Potential exposures to electrical hazards can result from faulty electrical equipment/instrumentation or wiring, damaged receptacles and connectors, or unsafe work practices.

To avoid such hazards, follow these best practices:

- Always follow manufacturer's recommendations for using electrical equipment.
- Do not use electrical equipment to perform a task for which it is not designed.
- Most equipment includes either a 3-pronged plug or double insulation. Equipment with neither of these features is less safe but may meet electrical codes. You will not be protected from electric shock if a 3-pronged plug is not inserted into a 3-prong outlet.
- If you plug more than two pieces of low demand equipment into a standard outlet, use a fused power strip that will shut off if too much power is used.
- Make sure that any outlet near a sink or other water source is Ground-Fault Circuit Interrupter (GFCI) protected. If you have a GFCI, periodically test it by plugging something into it and pushing the "test" button. Once the equipment shuts off just turn it back on.
- Above all, do not disable any electrical safety feature.
- Before turning equipment on, check that all power cords are in good condition.
- Do not use extension cords as a substitute for permanent wiring.
- If you see a person being electrocuted, DO NOT TOUCH THEM! The electricity can go through you, too. If possible, turn off the power (pull the plug or trip the circuit breaker), or use an item made of non-conductive material (e.g., wooden broom handle) to pry him or her away from the contact. Call 911 immediately.



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For assistance, contact us. We can help. It's confidential.



**Occupational Safety  
and Health Administration**  
[www.osha.gov](http://www.osha.gov) 1-800-321-6742